

Gail & Ingrid's

TIPS FOR FEBRUARY!



I've got something to recycle... where do I go?

Let's start at home...

Many household items can be recycled by putting them in the blue trash bins. Simply call 311, ask for the Bureau of Sanitation and ask them to mail you the solid resources program booklet, the pamphlet that tells you what you can recycle in the blue bin.

Never put hazardous materials in your black container. When in doubt, call 1-800-98-TOXIC.

As for recycling medicines...

it is recommended that you put expired or no longer needed medicines into the regular black trash bin. Do not dispose of them by pouring them down the drain or into a toilet.

Place unwanted medicine into a sealable bag or empty container to prevent liquids from leaking out. Also, mix them with kitty litter, coffee grounds, or sawdust and seal the bag. Put the bag into your regular household trash.

Finally, remove the label with the patient's name from original medicine vials or bottles. The empty medicine vials are recyclable so you can place those containers into the blue bin. Empty aerosol inhalers can be recycled in the blue bins also.

The major issue in recycling these days is electronics.

This means computers, monitors, desktop printers, keyboards, mobile phones, digital projectors, toner cartridges and on and on. To recycle anything electronic, take it to Best Buy, Staples, Lowes, Home Depot or Radio Shack.



Experience isn't expensive... it's PRICELESS!

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If you do NOT want to receive this at your door either call Gail or Ingrid with your address and we will stop and if you want it emailed we can do that too! Just leave us your email address or email us.

If it is a big item

televisions, floor model printers, kitchen appliances, large speakers and items like that, Goodwill Industries is the place to go.



The biggest problems in electronic recycling these days are

VHS and cassette tapes. Shoved out of use by DVDs and CDs more than a decade ago, these items take up space and have nowhere to go. Video tapes are a classic example of technology designed with no consideration for its end of life. The plastic case of video tapes can be recycled. Pry open the plastic case with a screw driver and remove the black magnetic tape. This must be thrown away in the black container. The remaining plastic can be put into the blue recycling bin. If you don't want to go through this procedure, give them to Goodwill.

If you've got something unusual to recycle

bricks, car parts, carpet padding, metal pieces, construction materials, yard waste, etc. go to the Earth911 website, punch in your ZIP Code and what you want to recycle, and up pops various independent recyclers as well as major companies with addresses and phone numbers. For recyclers, that's the best place to go.

Look for Gail and Ingrid featured in Ventura Blvd Magazine Feb/Mar issue



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